

Grade 1

NOTE & FINGERING GRIDS

Suggested scale fingerings · 1 thumb · 2 index · 3 middle · 4 ring · 5 little finger

Prepare every listed requirement. Ascend then descend, unless a complete pattern is written. No Set A / B split.

These are practice aids. Also prepare ALL published Technical Exercises for this grade. Follow their marked fingerings.

1. B major scale

Hands separately · 2 octaves · legato · min. crotchet = 60

RH	1	2	3	1	2	3	4	1	2	3	1	2	3	4	5
Note	B	C#	D#	E	F#	G#	A#	B	C#	D#	E	F#	G#	A#	B
LH	4	3	2	1	4	3	2	4	3	2	1	4	3	2	1

2. A harmonic minor scale

Hands separately · 2 octaves · legato · min. crotchet = 60

RH	1	2	3	1	2	3	4	1	2	3	1	2	3	4	5
Note	A	B	C	D	E	F	G#	A	B	C	D	E	F	G#	A
LH	5	4	3	2	1	3	2	1	4	3	2	1	3	2	1

3. C major scale

Hands together · 1 octave · legato · min. crotchet = 60

RH	1	2	3	1	2	3	4	5
Note	C	D	E	F	G	A	B	C
LH	5	4	3	2	1	3	2	1

4. C major scale · contrary motion

Hands together · 2 octaves · legato · min. crotchet = 60

Start together, move outwards, then reverse to return. Follow each hand's own note row.

Outward: RH ↑ and LH ↓

RH	1	2	3	1	2	3	4	1	2	3	1	2	3	4	5
Note	C	D	E	F	G	A	B	C	D	E	F	G	A	B	C
Note	C	B	A	G	F	E	D	C	B	A	G	F	E	D	C
LH	1	2	3	1	2	3	4	1	2	3	1	2	3	4	5

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5. C major arpeggio

Hands separately · 1 octave · legato · min. crotchet = 60

RH	1	2	3	5
Note	C	E	G	C
LH	5	4	2	1

6. A minor arpeggio

Hands separately · 1 octave · legato · min. crotchet = 60

RH	1	2	3	5
Note	A	C	E	A
LH	5	4	2	1

7. Five Finger Exercise

Hands together · complete pattern · legato · min. crotchet = 60

First 8 notes legato; next 8 staccato; finish on C.

RH	1	3	2	4	3	5	4	2	1	3	2	4	3	5	4
Note	C	E	D	F	E	G	F	D	C	E	D	F	E	G	F
LH	5	3	4	2	3	1	2	4	5	3	4	2	3	1	2

RH	2	1
Note	D	C
LH	4	5

Source: current MTB Piano practical syllabus PDFs, September 2022 syllabus with September 2026 updates. Minimum speeds retain the printed beat unit. Rhythm and articulation notes are part of the requirement.

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KEYBOARD GUIDE · Bold circles show finger numbers

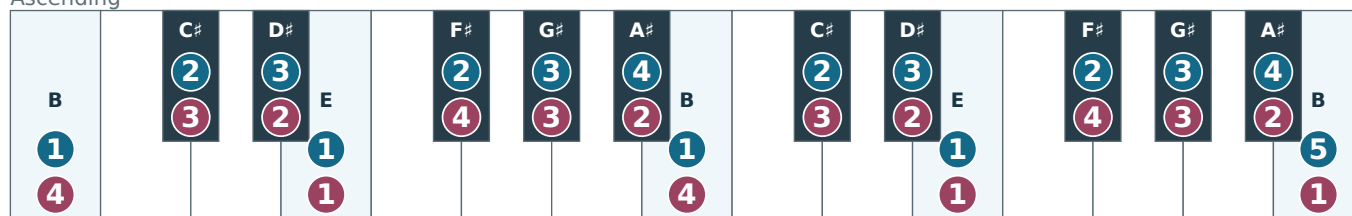
Suggested scale fingerings · 1 thumb 2 index 3 middle 4 ring 5 little finger

Blue = RH · Rose = LH. Registers are relative; use the score for exact octave placement. Read grids for note order.

1. B major scale

Hands separately · 2 octaves · legato · min. crotchet = 60

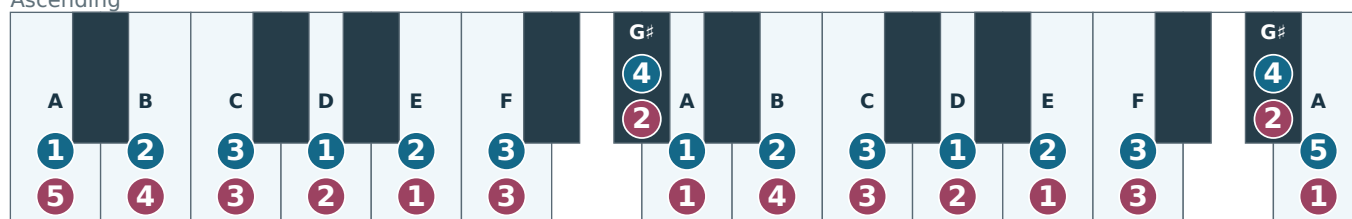
Ascending



2. A harmonic minor scale

Hands separately · 2 octaves · legato · min. crotchet = 60

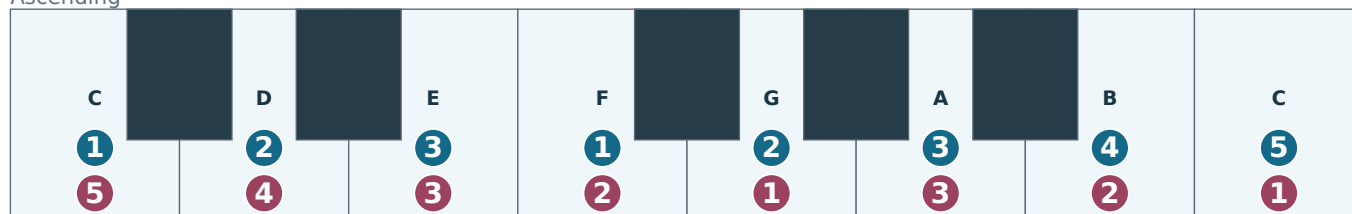
Ascending



3. C major scale

Hands together · 1 octave · legato · min. crotchet = 60

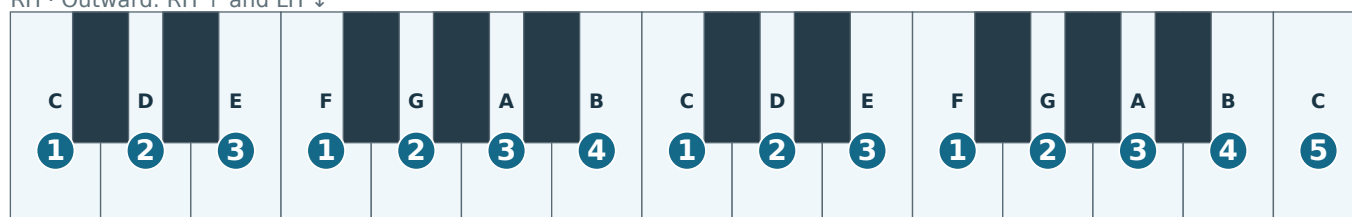
Ascending



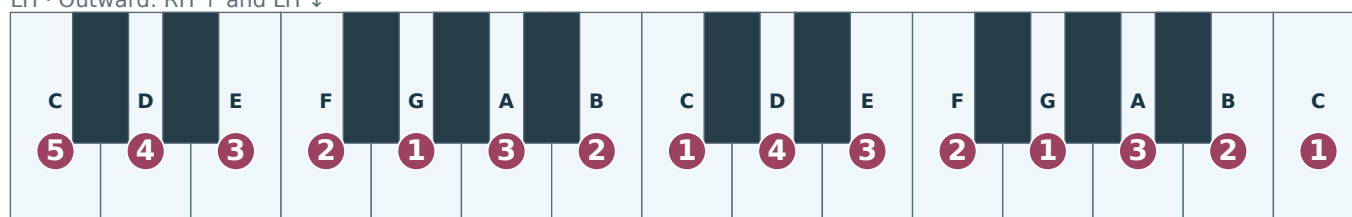
4. C major scale · contrary motion

Hands together · 2 octaves · legato · min. crotchet = 60

RH · Outward: RH ↑ and LH ↓



LH · Outward: RH ↑ and LH ↓



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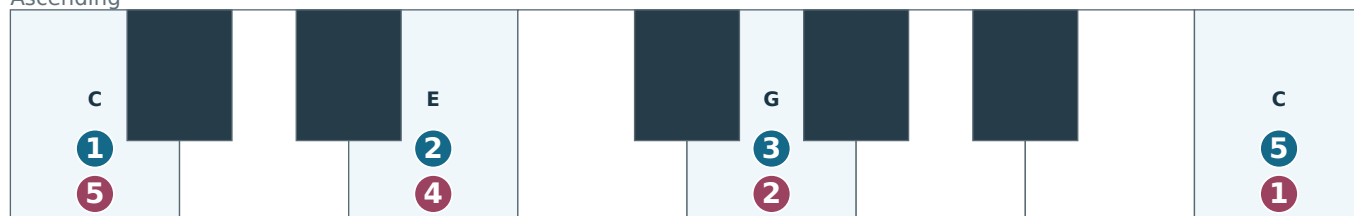
KEYBOARD GUIDE · Bold circles show finger numbers

Suggested scale fingerings · 1 thumb 2 index 3 middle 4 ring 5 little finger

5. C major arpeggio

Hands separately · 1 octave · legato · min. crotchet = 60

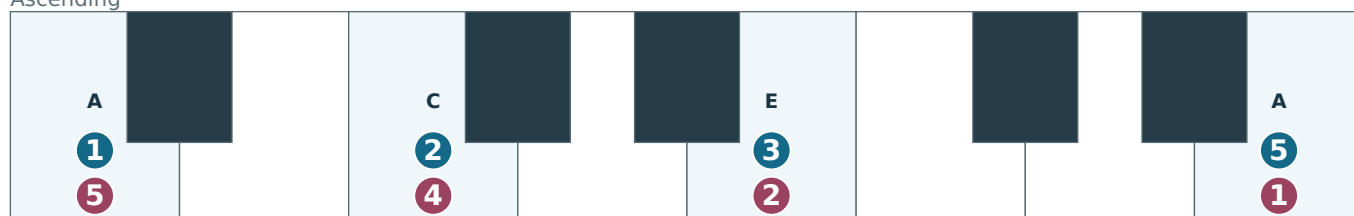
Ascending



6. A minor arpeggio

Hands separately · 1 octave · legato · min. crotchet = 60

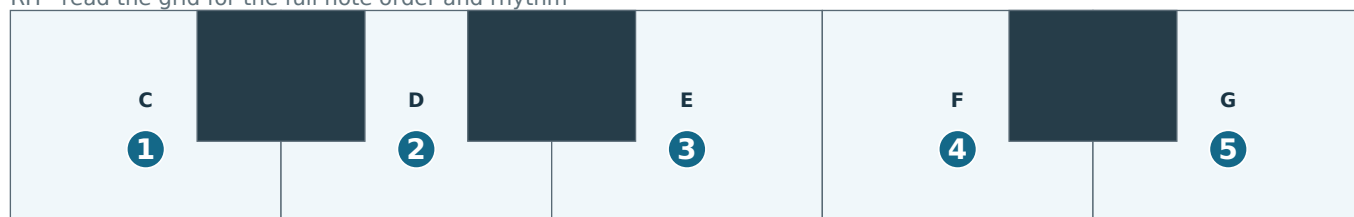
Ascending



7. Five Finger Exercise

Hands together · complete pattern · legato · min. crotchet = 60

RH · read the grid for the full note order and rhythm



LH · read the grid for the full note order and rhythm

